Illinois: Women, Infants, and Children (WIC) Nutrition Assistance

Description of Program and Relief

WIC is a food assistance program for women, infants, and young children. WIC provides checks to buy healthy foods, and also provides information about nutrition, health, and breastfeeding. The WIC Farmer’s Market Nutrition Program provides checks to buy fruits, vegetables, and herbs from farmers’ markets and roadside stands. These offerings were previously in place, and have not changed in response to COVID-19.

Government or Lead Agency

Illinois Department of Human Services

Dates Available

Available now

Eligibility Requirements/Restrictions

Information on eligibility can be found at: https://www.dhs.state.il.us/page.aspx?item=30513.

WIC benefits are available to:

- Women who are pregnant, breastfeeding, or just had a baby
- Infants and children under five years old (including foster children)
- Families with a low to medium income

Application Deadlines (If Applicable)

N/A

Contact for More Information

217-782-2166
List of Additional Information

For more information, please visit:

https://www.dhs.state.il.us/page.aspx?item=30513

https://www.dhs.state.il.us/page.aspx?item=30520

To apply, please make an appointment at a local WIC office. The DHS Office Locator is here:

http://www.dhs.state.il.us/page.aspx?module=12&officetype=11&county=